

# Professional Disclosure Statement

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Welcome to my practice! I feel honored that you are seeking my partnership to support you in taking a quantum leap in your life!

My intentions are that all of my clients receive benefit from each and every session, contrary to the popular belief,

“Change is difficult and takes a long time.”

Please sign the last page of this document regarding my policies. You will receive a copy for your records.

## About me

I am very passionate about what I do! As I reflect upon what has attracted me to my career, I am aware of having been drawn to emotional well-being my entire life. From as early as I can remember, I have wanted to liberate myself from suffering in my primary intimate relationships, even when it appeared that I

had no idea how to relieve my pain without cutting myself off from it.

My active imagination was like a raging river. I was determined to learn how to thrive within a family who tried to control my feelings. I spent the first half of my life believing I was wrong instead of sensitive, and I stopped all of my feelings with one fell swoop “I am unworthy.” As a teenager I became overweight and food was the cork that plugged my emotions for decades.

When I met my husband and partner Daniel in my thirties the dam gushed open. Daniel’s rich stable presence was exactly the love I longed for. Throughout our relationship, Daniel has honored my feelings with deep listening and interest. He has helped me craft a wider range of emotional expression so that I am valuing my Self with a capital S\*. Seeing an inherent gift and talent within me, Daniel has helped me to embrace all of my Self even when others did not. Realizing I’ve had the love and support that many people do not, I’ve learned to distinguish the difference between relationships characterized by mutual respect, caring and understanding, and ones in which those qualities are, or were, lacking.

Because I have a knack for being able to process

information very quickly and reinterpret circumstances in alignment with the creative impulse that wants nothing more than to be manifested, I am able to cut through multiple layers of distortion in order to bring forward a deeper truth in the moment.

My true 'calling' became apparent when I had my sons, Jason and Randy, now 36 and 33 years old. During my children's early years I became a certified Montessori teacher. Marie Montessori ignited a deep desire within me that helped me to direct my children's learning towards their natural curiosity. She believed that children continue reaching for their highest potential providing they have permission to explore their environment with all of their senses and natural inclinations. Not only have I seen this idea play out for my own children, I was immediately sold on this idea as my life principle. I pay special tribute to Maria Montessori who honors the child. Within all of us are children yearning for love.

What brings me the most personal joy is going on a good hike, exploring nature and natural waterways, reading great books, going to movies and classes, visiting friends in faraway places, and spending time with my family and our chocolate Labrador, Jax (who I call The Jackpot!)

### Central themes of my work

Currently, I have synthesized four modalities in my work and I am in advanced training with all of my mentors; Gary Craig. Rachael-Jayne Groover. Richard Rudd and Daniel A. Linder, MFT.

Gary Craig, the founder of EFT (Emotional Freedom Technique) and Optimal EFT (OEFT). Both EFT and OEFT modalities come from the primary point of view that, “all negatively charged emotions come from unresolved issues from the past that have disrupted the body’s natural energy flow.” The aim of this work is to restore flow to the energetic system that is inherently wise.

Rachael-Jayne Groover, the founder of Art of Feminine Presence - The Art of Feminine Presence takes the student on an ever deepening emotional and spiritual journey within the body. With physical exercises and devotional practices of self-care, students gain emotional stability and presence and accept more responsibility for their experiences and well-being of their relationships.

Richard Rudd is the creator of The Gene Keys. The Gene Keys is a an exploration and research

undertaking into the fabric of human existence and the raising of consciousness at the genetic level. It puts forward that each of us has a direct influence and responsibility to the evolutionary journey as we become more aware.

Daniel A. Linder, MFT, creator of The 51-49% Factor and The Relationship Model of Addiction - Daniel A. Linder, MFT is a licensed marriage and family therapist and 'master student' of addiction recovery and relationships, having taken a 30-year voyage into the 'eye of addiction' as seen through the focused lens of intimate relationships. "Addiction is not a disease. It is a relationship with a means of relief caused by a backlog of pain carried from unmet emotional needs." As each of us gains awareness of the emotional pain buried deeply within (which could include negative self-talk), developing a healthy relationship with one's Self with a capital S\* is the primary intimate relationship that holds the possibility and potential for all addictions to organically fall away.

### *Benefits and risks of transformational coaching*

Transformational Coaching is not therapy or like visiting a medical Dr. This process requires your full participation and your willingness to take a deep dive into the archives of what you have previously been

unaware of.

Your open attitude is what will help create an environment for the best possible outcome in order for you to discover how your resistance impacts your primary relationships. As you master welcoming all of your feelings as they arise whenever they arise, as valid, a shift in perception gives you access to resources that hadn't existed before.

Anxiety, sadness, guilt, pain, anger, frustration, shame, vulnerability, loss, grief, powerlessness, loneliness, helplessness or any other negatively charged and/or challenging emotions will most likely surface during our sessions. Some people view certain emotions as unacceptable, unforgivable, too disturbing, or dangerous. It is likely that you will be triggered into uncomfortable memories with important family members, who may or may not be alive, or secrets may emerge. You may discover that some of your closest relationships are (or have been) harmful to your personal fulfillment.. You may be encouraged to be more proactive, communicative, and assertive in your primary relationships and others may not like this. Also, difficulties may (despite what I say above) get worse before they get better and there's a risk that transformational coaching may not work for you.

Keeping in mind these risks, the benefits of working with me include feeling more deeply relaxed as a 'knower,' of your own Self with a capital S\*.

### *A word about boundaries*

I strive to uphold my professional relationship with you as primary.

### *A note about confidentiality*

All sessions are held strictly confidential.

### *Technology*

Many clients use cell phones, text messages or e-mail and these methods of communication come with additional risks such as failure of message or information not being received, possibility of misunderstandings that increase with text-based communication due to the lack of nonverbal visual cues. My e-mail account is checked often, though unanticipated circumstances can result in a my delayed response. Email (which is unfortunately not encrypted) results in various servers creating permanent records of our exchanges, which makes confidentiality an issue, as third parties may have access to your communication. Therefore, I cannot guarantee confidentiality when communicating by e-

mail or cell phone. Keeping this in mind, you can make the choice to use these devices as minimally as possible. Assessment is also more difficult without the benefit of face-to-face contact.

### *My fees*

If you aren't paying with cash or credit card, I also accept Venmo, PayPal, checks, direct bank transfer from Bank of America, or Square Cash. My standard fee is \$249 for a 60 minute session, and \$55 per 90-minute group session (4-6 people.) Super discount for pre-pay 10 sessions.

Fees are due prior to or at the beginning of our session. There's a \$35 fee for checks returned by the bank. If you would like to discuss an alternative payment method, please do so before our session.

### *My appointment scheduling and cancellation policies*

Should you need to miss or reschedule an appointment please provide a full 24-hour notification or you will be responsible for the session fee.

I bill in 10-minute increments, so if we go over time in a session, which usually should last 60 minutes. If I have the flexibility and we go over time in a session, you will be billed at the rate of \$2.50 per minute.



\* Self with a capital S: An optimal primary intimate relationship lies in the action taken by an individual who is able to unify their human experience with their true essence (the divine, the G-d within) consciously.

Thank you!

I appreciate the opportunity to be of service, and I look forward to a mutually beneficial relationship with you!

Your signature below indicates that you have carefully read and understand this document.

Warmest regards,

Taye Bela Corby

*Client Printed Name*

Signature\_\_\_\_\_

Date\_\_\_\_\_

The **credit card** to remain on file is:

Please Circle:   MasterCard   Visa   American Express Discover

Card No.: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

CVC:\_\_\_\_\_

Name as it appears on the card:

\_\_\_\_\_

Street address:

\_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Signature of card holder:

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**Preferred method of payment for your therapy sessions (please circle one):** credit card   check   cash   PayPal email \_\_\_\_\_